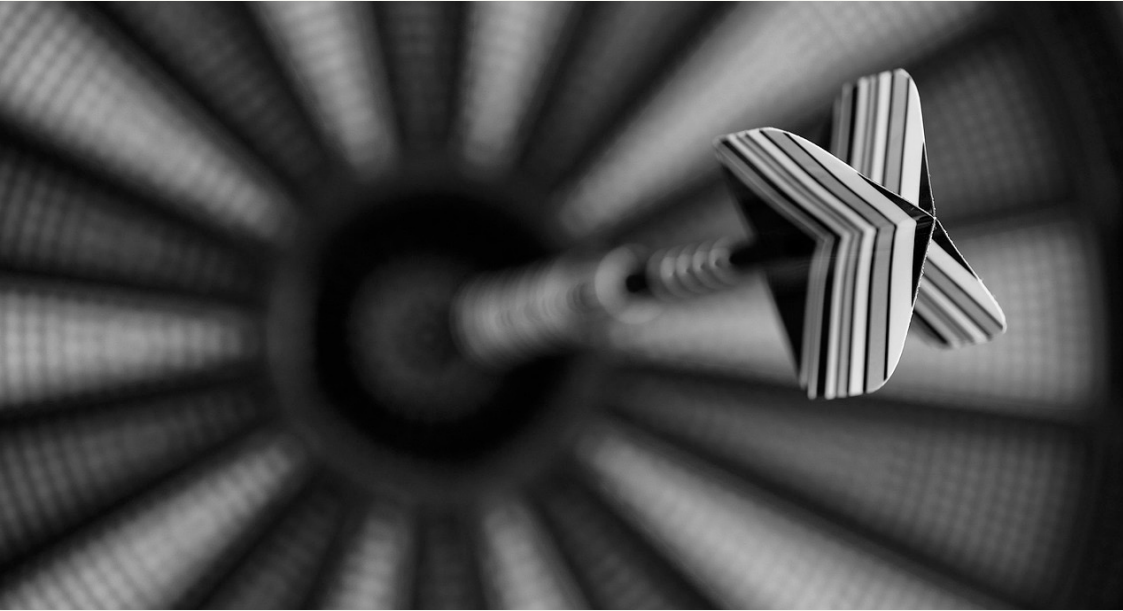




Driving Performance Improvement through Behaviour Change

High-Impact Workshops for
Professionals, Managers & Leaders

Mohit Taneja
Trainer • Coach • Facilitator

About the Trainer

Mohit is a leadership trainer, speaker, and executive coach who partners with organizations to design and deliver **leadership** and **capability building programmes** that **drive performance through behaviour change**. His work focuses on **strengthening leadership, communication, emotional intelligence, and personal effectiveness** in real workplace contexts.

With over 30 years of corporate leadership experience across organizations in India and internationally, he has led multiple strategic and transformation initiatives. An MBA from IIM Ahmedabad, he is known for delivering programmes that create visible and lasting behavioural change.

He is an empanelled trainer with leading institutions such as Administrative Staff College of India (ASCI), Punjab National Bank, and ICAR, and has delivered programmes and talks various across academic and professional platforms..

Training Approach

Mohit's sessions are **highly experiential, reflective, and deeply engaging**. Blending research backed insights, real world stories, and practical application, he helps participants move beyond concepts to meaningful behavioural shifts.

Programme Formats

- 1 – Day / 2 – Day
- Leadership offsites
- Multi-session capability programmes
- Custom intervention for teams



Signature Programmes

Leading Self to Leading Others

[For new and emerging managers](#)

Ownership, Accountability, Personal Effectiveness, Leadership

Executive Presence & Influence

[For mid to senior professionals](#)

Communication, Stakeholder management, Confidence, Presence

High Performance Teams

[For managers and leadership teams](#)

Team alignment & collaboration, Team culture, Driving results

Emotional Intelligence at Work

[All levels](#)

Self-awareness & management, handling pressure, Conflict management,
Building stronger workplace relationships

Visioning & Strategic Alignment

[For Senior Leadership / Top Management](#)

Clarifying vision, aligning priorities, identifying growth opportunities & challenges, and translating strategy into action

*The ability to learn faster than
your competition maybe the
only sustainable advantage*

- Arie de Geus

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